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THE MENTOR

Issue #9 January 2013

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January

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February

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New!

Over \$30,000 in scholarships already being offered? Opportunities to meet your future boss? By popular demand, information that could directly change your future has been added under the "Opportunity Corner". Be sure to check it out for information on scholarships and career events coming soon to a place near you!

A Word from the Director

Students, Faculty, and Staff,

Happy New Year! I hope that you all had a wonderful holiday break. I certainly hope that you were able to rest, rejuvenate, and recharge your batteries.

The staff of the Office of Mentoring Services and Leadership Development has planned an exciting spring semester for you. There will be something for everyone to get involved in this spring. The OMSLD staff and peer mentors want to provide our protégés with every opportunity to develop their leadership, or enhance their career related skills.

Beginning this month, the FASE Mentoring program, along with the 21 st Century Scholars, will collaborate with the First United Church Interfaith Winter Shelter to feed and house homeless citizens of Monroe County. This presents all students, faculty, and staff, with an opportunity to give back to the community by helping



those who are less fortunate.
The event will take place on
Monday, January
21st, as part of the City of



Bloomington's Service Day projects that will be held in honor of Dr. Martin Luther King Jr. If you are interested in participating, contact the

Specialist Melissa Wurster at e-mail mwurster@indiana.edu.

The FASE Advisory Board (FAB) will also host the Career Dinner Symposium on Thursday, February 28. Students will have an opportunity to interact with professionals who are involved in career areas such as law, medicine, business, and the non-profit sector. In addition, students will be treated to a wonderful meal.

The 21st Century Scholars Program will be hosting a FAFSA workshop as well as a summer school information session this spring for students who are recipients of the 21 st Century Scholar Covenant scholarship. Students who have received the 21st Century Scholar Covenant should be sure to attend these events.

For a complete list of OMSLD events be sure to view OMSLD events calendar. Also, if you are interested in helping others and would like to serve as a resource to students, consider becoming a FASE Peer Mentor. If you currently have a mentor, ask yours how you may become one. Contact the FASE Mentoring Program at omsld@indiana.edu if you wish to express interest in becoming a mentor. The peer mentor application can be found at the following link: www.iub.edu/~omsld. I assure you that mentoring others can be a rewarding experience for you.

Have a wonderful spring semester!
Patrick D. Smith
Executive Director
Office of Mentoring Services
&Leadership Development

Secrets of Success

Half way through the school year, we find ourselves faced with a whole new set of classes, professors, and opportunities. So how can we make the most of this semester and be successful?

- **1. Get Organized:** Use a calendar, planner, or to-do list. Figure out the way that works for you and stick to it.
- **2. Be Healthy:** Eat the foods that give you energy, drink plenty of water, get enough sleep, and exercise multiple times a week
- **3. Set Goals:** Decide what you want to accomplish this semester and plan the steps you need to take to meet each goal.
- **4. Plan Out Time for Fun:** Do not forget to make time for activities outside of academics. Read a book, watch your favorite show, go shopping with friends or play a friendly game. College is about enjoying the people around you too.
- 5. Work Hard and Never Give Up: Sometimes college can be stressful, but remember that you have to work for the things that are really worth it. Do your best work everytime, know that one bad grade will not ruin you, and always try again when something does not go how you expect.

What's up With?

Joanie Dawson FASE Alumni

I am currently working on a Masters of Science at IUPUI, and I will be graduating Spring of 2013. My plan of going to dental school has somewhat been put on hold at the moment, as I have made plans to move to Seattle, WA next year to begin my life with my significant other. I am planning on working for

Planned Parenthood for a year or two, and then applying to grad school again to become a certified Genetic Counselor. FASE gave me Image Deleted valuable lessons in how to communicate with people who will come to me for help in ■ a counselor's position. I know my experience in guiding and making bonds with my protegees will be very similar to the kinds of relationships I will have with my clients in the future. I am confident that I can provide caring, ethical guidance for people that seek my help, and FASE was

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the first place that I gained that knowledge.

Interfaith Winter Shelter Monday, January 21st

Here at IU, Martin Luther King Jr. Day means no classes, however the 21st Century Scholars office has secured \$1,750 through various grants to make the 21st of January a day ON, not a day OFF. Through this grant, you have the opportunity to help the less fortunate members of the Bloomington community. On MLK day volunteers will be creating community care kits, setting up the Interfaith Winter Shelter, and preparing meals for the homeless. Everyone is invited to join in and take part in this event. If you are interested in giving back to those in need, please go to the following link to receive further information.

https://www.surveymonkey.com/s/XYWZB6Z

Who's That Mentor?

Valeria Sokolova Senior

I am currently a Senior majoring in Marketing and Entrepreneurship through Kelley School of Business and getting a minor in Russian. I joined FASE in the beginning of my Junior year, so this is my fourth semester with the program.

Being a peer mentor has been a very exciting and rewarding experience. I have grown close with my

protégés and love watching them grow as they advance through college. FASE also puts up great events to help students succeed academically, network with professionals, and relax in our spare time. Through FASE, I have met really great people, learned important communication skills,



and hopefully made a positive impact in my protégés' lives.

In addition to FASE, I mentor freshmen interested in Kelley School of Business and lead IU Bloomington campus tours. After graduation in May, I plan on moving to North Carolina to start my full-time position with Newell Rubbermaid as a Brand Marketing manager.

Opportunity Corner

Scholarships

1.Morris Udall Foundation Undergraduate
Scholarships (\$5,000): For information about the Udall
Scholarship please see: http://www.indiana.edu/~iubhonor/hds/u.php

- 2.Industry Liaison Group Scholarship (\$1,000): Details are available at our websitehttp://www.indianailg.org /index.html
- 3. Generation Ali Global Citizenship Scholarship (\$10,000): http://www.generationali.org/
- 4. IU Credit Union (\$20,000) https://www.iucu.org /students/scholarships.html#cs

Career

- 1. University of Missouri School of Medicine Summer Research Program: For information, please visit:http://medicine.missouri.edu/internship/
- 2.Deloitte Consulting National Undergraduate Case Competition: www.deloitte.com/us /undergradcasecomp

3. 2013 Winter Career and Internship Fair

- When: Wednesday, January 23rd from 3-7 pm Where: Wilkie Auditorium What: Connect with organization that are recruiting entry-level positions and internships All majors are welcome. The first hour is reserved for various groups, but the fair will open to the general public at 4 pm. Remember to visit http://www.indiana.edu/~career /services/events/index.php?event_id=1661 for more information!
- 4. 2013 Summer Camp Jobs

When: Wednesday, February 6th from 11:30am-

3:00pm

Where: School of Public Health Room 163 What: Meet up with representatives from camps located throughout the country for the chance to score a fun and interesting job that will offer a valuable learning experience. http://www.indiana.edu /~campfair/

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Need a Job? Looking for an Internship?

Even though the school year is well underway, many students are still in need of a job or internship. If this sounds like you, be



sure to check out Career Development Center Arts and Sciences Career Services at www.iucareers.com.

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